

The Creation of a PACU Rapid Response in Collaboration with the Surgical ICU Providers Anna Lee Carilo DNP, RN, NE-BC, CPAN & Dominic Gatta, MSN, RN, CRNP Pennsylvania Hospital – Penn Medicine



Background & Introduction

- After a patient is transferred from the OR to the PACU, they are most often expected to further transfer to the med/surg floor or be discharged to home following their recovery.
- However, if a PACU patient has a clinical change prompting a rapid response, it greatly increases the likelihood that they will require a higher level of care within the surgical ICU (SICU).
- In calendar year 2023 at Pennsylvania Hospital, 60% of all PACU RRTs required a higher level of care (Stepdown or SICU), and of those, 88% of requiring SICU. Therefore, a clear positive correlation existed between a PACU RRT and subsequent critical care transfers.

In debriefing these events, the following opportunities were identified:

- Delay of recognition of clinical change and escalation need
- Ambiguity in post PACU destination
- Delay in transfer to higher level of care
- Ambiguity or lack of communication to receiving SICU APP team of preceding PACU decompensation

Objectives

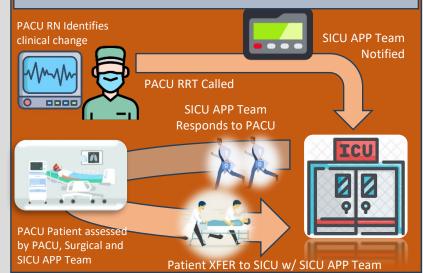
- The goals of adding the SICU APP to the PACU RRT response is to:

 Create a direct line of communication from PACU to SICU
 Partner with primary teams to appropriately identify a patient that needs a higher level of care
 - 3) If necessary, assist in a safe and timely transition in care

Process of Implementation

- This project pilot was created through the SICU/PACU Operations taskforce at Pennsylvania Hospital.
- It was then presented to all relevant stakeholders:
 - Peri-anesthesia and Anesthesiology staff and leadership
 - ICU/RRT RN Staff and Leadership
 - SICU APP Staff and Leadership
 - Attending Surgeons
 - PAH OR Committee
 - PAH Critical Care Committee
 - PAH SICU CET and Committee
- The process went live in January 2024.
- During the past year, all PACU RRTs attended by SICU APP team and each case documented for review and follow up

Process of PACU RRT CALL with SICU APP Presence



Statement of Successful Practice

- Since inception of new process, ten total RRTs have been activated by the PACU team
- Four of the ten RRTs were transferred to a higher level of care
- Overall RRTs called in CY 24 compared to CY 23 was decreased, suggesting an improved recognition of clinical events and communication between PACU and SICU
- PACU staff and SICU APP staff praised the new process for its adherence to recognition and response of PACU emergencies, promoting safe and quick escalations and creating a pathway for clear communication and continuity of care between the PACU and SICU

Implications for Advancing the Practice of Perianesthesia Nursing

- This project was an example of interdisciplinary collaboration
 between SICU APP Team and Peri-Anesthesia Nursing
- Implementation ensured intradisciplinary education and collaboration. Since implementation, we have experienced an improved relationship between PACU and SICU in terms of patient care, helping identify and escalate post-operative patient needs faster and safer
- Interdisciplinary SIMS continue to be conduced to test and improve this process
- PACU RRTs continue to be reviewed for quality improvement measures
- PACU, SICU and Surgical staff have expressed the impact of the pilot upon safe transitions in care.